

ROTARY:  
MAKING A  
DIFFERENCE



# Mt. WAVERLEY CLUB BULLETIN

Volume 33, Number 17, 25 October 2017

## IMMEDIATE PROGRAMME

VENUE	SPEAKER / TOPIC	CHAIRPERSON / GREETER
This meeting: Wednesday 25 October 6pm for 6.30pm start		
LOC	Clowes/Guy "Round the World Cruise"	Loretta / Michael (if available)
Next meeting: Wednesday 1 November 6pm for 6pm start		
LOC	Snr Sgt Yvonne Upton – The Butterfly Project and things you don't expect	Andrew / Charlie

## IMPORTANT ADDRESSES & CLUB INFORMATION

Club Postal Address: P.O. BOX 295 GLEN WAVERLEY 3150

Web Address: <http://mountwaverleyrotary.org/>

FACEBOOK ADDRESS: <http://www.facebook.com/mountwaverleyrotary>

Bulletin Copy Deadline: **5.00 PM.** Sunday to Glen Watkins.

Other Important Addresses:

1. Oakleigh Market shifts are **6am-10.30am and 9.30am till 1pm.** The address is Corner Atherton Rd and Hanover Sts Oakleigh.
2. Mount Waverley Market shifts are **7am-1pm** (permanently Charlie/Beth) with closing **shift 1-2pm** (x 2 person assisted by Charlie). The address is Hamilton Place Shopping Centre, 283 Stephenson's Road Mt Waverley.
3. Leighoak Club (LOC) is located at 1555 Dandenong Road Oakleigh. We meet upstairs unless otherwise indicated.

## ATTENTION ALL MEMBERS

PLEASE CONFIRM YOUR MEETING ATTENDANCE TO FIONA CLEARLY 0410605233 AND BULLETIN EDITOR WOULD ALSO APPRECIATE ADVICES OF LEAVE DATES.

**OUR FOOD DONATION BIN FOR MONASH WAVERLEY COMMUNITY INFORMATION & SUPPORT (MWCIS) IS AN IMPORTANT LOCAL COMMUNITY PROJECT FOR THE CLUB. PLEASE BRING TO ROTARY MEETINGS A SMALL DONATION OF NON PERISHABLE FOOD FOR THE DONATION BIN, WHICH IS LOCATED IN THE FRONT CORNER OF THE MEETING ROOM.**

CALENDAR OF UPCOMING CLUB/ROTARY EVENTS IS IN THIS BULLETIN. ROTARIANS PLEASE CHECK YOUR MARKET/ROTARY PROJECT COMMITMENTS ON THIS PAGE AND MARK YOUR DIARIES ACCORDINGLY. IF YOU CAN'T MEET DESIGNATED COMMITMENT FOR THE MARKETS OR FOR MEETING CHAIR AND GREETER, THEN PLEASE ADVISE ANDREW (FOR MARKETS) AND TERRY OR GLEN (FOR CHAIR/GREETER).



### Presidents Report – 25 October 2017

We had our social night on Wednesday at the Aahar Indian restaurant in Hamilton Place Mount Waverley. 15 club members and partners enjoyed great traditional Indian cuisine and we all thoroughly enjoyed the camaraderie that such a night out brings.

Terry Roche and I met with Lou Paola on Wednesday to further refine our Club promotional video. Beth has some photos from our Club Trivia night and these will be incorporated in the video. We

will also be taking the opportunity to look at just what options are available to us to update the front page of our website and once we have agreed the format we will meet with our webmaster to initiate changes.

The second heat of the **4 Way Test Public Speaking Competition** was held on Tuesday 24<sup>th</sup> October with the students from Mount Waverley Secondary College competing. Margot Eaton attended this heat and reported that the two representatives spoke really well, however they were up against some very tough competition and didn't get through to the next round. We congratulate the students for their fine efforts.

On Friday we had another Bunnings BBQ day as part of our fundraising efforts and feedback from Beth was that we had a good steady day with takings in the vicinity of \$600.00. Thanks again to the small group of enthusiastic members who gave the time to help on the BBQ.

There is a Vocational Service Seminar being held on **Friday night 27<sup>th</sup> October**. Andrew Sendeckyj and I go along to hear more of vocational opportunities in our community.

I would also like to say a big thanks to David Bloom for his fine efforts in potting up colourful Cliveas for Club members/family/friends to purchase. David kindly donated the proceeds to our Club and we are very appreciative of the donation.

This week, 25<sup>th</sup> October, we will hear from our seafarers Ros Clowes and Jeff Guy telling us of the finer details of their round the world sea voyage – I am sure we will enjoy the presentation. Terry Roche will fill in for me as I will be away for a couple of days.

See you the week after next.  
Geoff Logie-Smith

## PHOTOS (compliments Adrian)

None this week.

## CONGRATULATIONS & CELEBRATIONS

### FOR WEEK 25/10 - 31/10

Congratulations to Fiona celebrating 15 years in Rotary on 30<sup>th</sup>.

## MEMBERS ANNOUNCEMENTS

### INTERNATIONAL SERVICE – MALARIA VACCINE PROJECT

Refer two files attached.

### ROMAC - Patricio and the weeks news

Dear D9810 ROMAC Team,

Since Norm Casey's last update to you on 14 Oct, Patricio has settled well into suburban life with Kay and Phil Leck and eating everything put in front of him. Last Mon he visited RCH for a blood test and no cancer markers were detected and since then he and Norberto have been active enjoying some gym sessions, walking the parks of Ferntree Gully, checking out kangaroos on Mt Dandenong at dusk, watering the Lecks garden and enjoying many indoor games. He even visited a RC of Boronia club meeting last Tue which was, coincidentally, the night Norm Casey was presenting to the club about ROMAC – how is that for timing considering the presentation was organised months ago. He and Norberto enjoyed the meeting, particularly seeing the photos of some of our earlier patients, and were well looked after by club members.

He will be busy in the coming week with an outing to the Healesville Sanctuary on Sunday and a change of host family on Wed morning to stay with Dianne and Gavan McIntyre of the RC of Wandin. On Wed afternoon he has an appointment with his RCH oncologist and on Thu afternoon he is scheduled to have some dental work done. Depending on what his Oncologist says, he could start his next three days of chemotherapy around 30 Oct.

So, at this stage, all is going to plan with Patricio who is adapting well to his rehap and life with his home families. Many thanks to the Sides, Lecks and McIntyres who, as host families, are the mainstay of the ROMAC program.

Some photos covering the past week are attached.

Regards

YIR

Graeme

15 Oct playing with Dad



Mt Dandenong with Kangaroos



Enjoying watering the garden



Mr.Cool



Gym junkie



## COMMUNITY SERVICE

October 2017 | Thank you for attending the End of Year High Tea



### **Thank you for attending the End of Year High Tea**

Dear Malcolm Clowes And Adrian Clifford,

Thank you so much for your ongoing support of the Baker Institute.

It was so lovely to see you at the End of Year High Tea on Thursday the 12 of October. We hoped you enjoyed hearing an update from our Director Professor Tom Marwick on the Baker Institute's vision, as well as discovering more about the exciting research discoveries from two of our inspiring young Bright Spark scientists, Dr Francine Marques, and PhD student, Jessica Marshall.

**Dr Francine Marques**

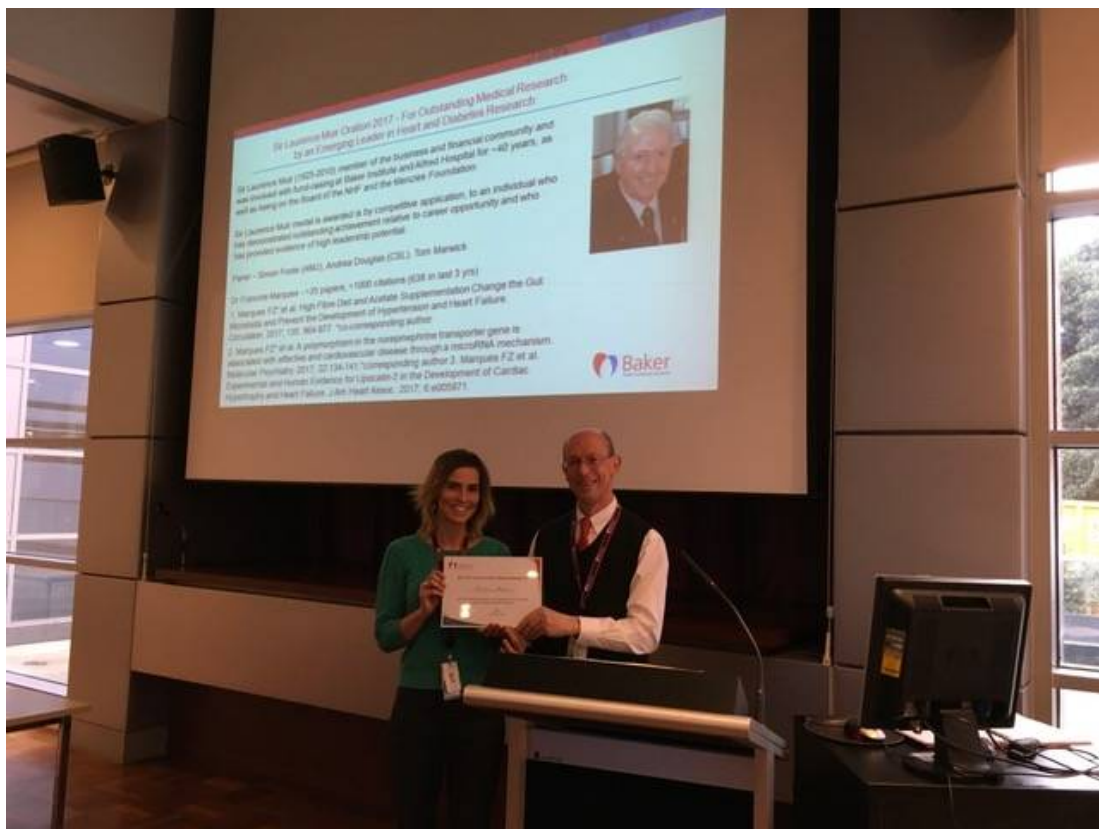


Congratulations to [Dr Francine Marques](#) for being awarded the 2017 Sir Laurence Muir Prize. Francine's outstanding achievements during the past few years make her a fitting recipient for this coveted Institute prize for early career scientists.

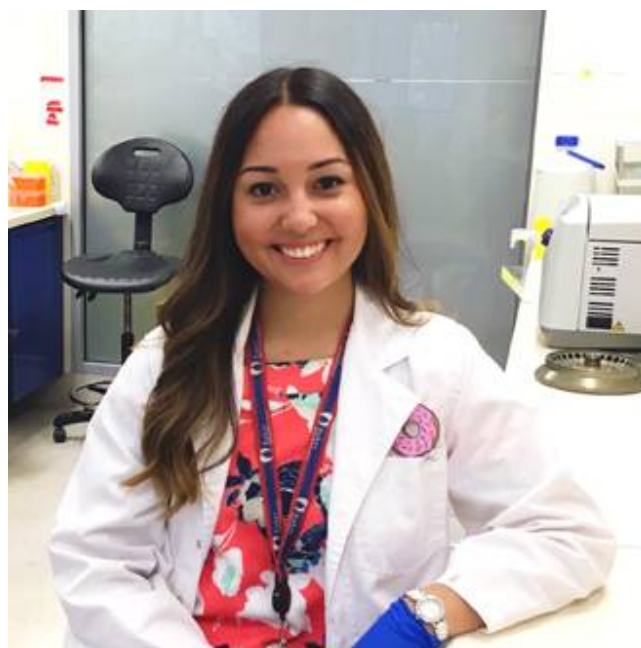
From 2014, [the Sir Laurence Muir Prize](#) for Outstanding Medical Research has been awarded annually to an Early Career Scientist at the Institute, whose research is judged by peers to be of outstanding merit, and likely to enhance the health and wellbeing of the community.

The medal and significant \$25,000 prize named in honour of Sir Laurence, a well-known figure in Australian business and philanthropy sectors, is testament to the enormous contributions that he

made to the health and medical research sector, and in particular, the Baker Institute. Francine is also one of the Baker Institutes talented [Bright Sparks](#). Her research has found that a certain type of fibre is linked to lowering blood pressure. Her goal is to develop a natural dietary supplement that could help patients with high blood pressure in as little as five years.



Jessica Marshall



We were delighted to have PhD student, [Jessica Marshall](#) from the Molecular Metabolism Laboratory, present to us on behalf of the [Bright Spark recipients](#) and share with us her passion behind why she

has chosen to conduct research into Alzheimer's disease.

Over the past 6 months, Jessica has had very promising results in her research project characterising a new model of Alzheimer's disease. In Australia, Alzheimer's disease is currently the second leading cause of death. Alzheimer's disease accounts for up to 70% of all dementia cases. Currently there is no cure, there is no treatment to delay its progression, and there is no therapy to target its underlying cause. However medication and management strategies may temporarily improve symptoms.

By comparing a diseased model to a healthy model, Jessica will test the effectiveness of a new therapeutic treatment for Alzheimer's disease. Through this innovative treatment she is hopeful to recover learning function, memory and spatial recognition, as well as decrease anxiety and improve gross motor strength for those affected by Alzheimer's disease.

These findings are extremely exciting for Jessica, allowing her to move into the next phase of her research.

Jessica is one of 30 dedicated and talented young [Bright Sparks](#) supported by you and your peers in 2017. Her research ensures prevention and therapies for Alzheimer's disease, heart disease and diabetes keep moving forward, improving our quality of life.

## **MENTAL HEALTH WEEK**

Dear Geoff, David, Sue and Alfred (Monash Cluster Presidents),

The Rotary Clubs of Clayton and Huntingdale are pleased to announce that we have a "Hat Day Party" using the 'Lift the Lid' campaign of Australian Rotary Health arranged for 27<sup>th</sup> October 2017. The details are attached. It would be fantastic if you could promote this event amongst your Club members. We believe that this would "lift the event" and give it a Monash cluster feel!

The party is a stand up finger food and canapes affair with drinks at bar prices. It will be held upstairs at the newly refurbished Clayton Hotel. The ticket price of \$30 is very reasonable and raffles, silent auction and lucky door prizes will aid the fund-raising.

There will be an opportunity to hear about the approaches to mental health issues in the City of Monash. Funds raised on the evening will go to support Australian Rotary Health Research Fund and the Early in Life Mental Health Service at Monash Health.

Thank you for taking the time to read this and I welcome you sharing this event with your members.

Warren Fricke  
President 2017/18  
Rotary Club of Clayton

### **The Rotary Clubs of Clayton & Huntingdale**

**Invite you to**

**A Gala Gathering in the Rotary Marquee**

**We are Lifting the Lid on Mental Health**

**And raising awareness and much needed funds for**

- **Australian Rotary Health Research Fund**
- **Early in Life Mental Health Services at Monash Health**

**On Friday 27<sup>th</sup> October 2017**

**6.30 pm for a 7 pm start till 10 pm**

**At The Clayton Hotel**

**319 Clayton Rd, Clayton**

**Canapes and Finger food, Complimentary drink on arrival then cash bar**

**Raffle Silent Auction Lucky Door Prize**

**It's the Melbourne Racing Season and everyone is out in their best Hat**

**Prizes for: Craziest Hat Lady, Craziest Hat Male, Best Hat Lady, Best Hat Male**

**Cost \$30 per person, Bookings at <https://www.trybooking.com/SCHW> by 20<sup>th</sup> October 2017**

**Enquiries: Warren Fricke email: [wfricke@bigpond.net.au](mailto:wfricke@bigpond.net.au) phone: 0417 548 534**

**Anne Mooney email: [t.m.mooney@bigpond.com](mailto:t.m.mooney@bigpond.com) phone: 0427 856 377**

## CALENDAR/PROGRAMME

If you are aware that the nominated chairperson will not be available please let the bulletin editor know asap. For venue addresses - please refer page 1 of this bulletin.

**LEGEND:** █ Club Market(s) █ Club Meeting █ Rotary/Club Project

<u>Date</u>	<u>Venue</u>	<u>Time</u>	<u>Event (or Topic)</u>	<u>Chairperson &amp; Greeter</u>
27 Oct	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Adrian
29 Oct	Oakleigh	6-1pm	Oakleigh	Ros/Loretta
1 Nov	LOC	6-8pm	Snr Sgt Yvonne Upton – The Butterfly Project and things you don't expect.	Andrew / Charlie
3 Nov	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Paul
5 Nov	Oakleigh	6-1pm	Oakleigh	Sean / David
8 Nov	LOC	6-8pm	The Bombing of Darwin and the Invisible Airfield – Geoff T Terry / Sean	
10 Nov	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Ros
12 Nov	Mt Waverley	7-2pm	Mt Waverley Market	Charlie/Beth/Roger/Terry
15 Nov	LOC	6-8pm	Social Night	NA
17 Nov	<b>Bunnings Notting Hill</b>	<b>9-4pm</b>	<b>Bunnings BBQ</b>	<b>Beth</b>
17 Nov	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Ros
19 Nov	Oakleigh	6-1pm	Oakleigh Market	Geoff T / Keith
22 Nov	LOC	6-8pm	Ms Julia Banks – Federal Member for Chisholm	Ros/Malcolm
24 Nov	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Geoff L-S
26 Nov	Oakleigh	6-1pm	Oakleigh Market	Andrew / Ron
29 Nov	LOC	6-8pm	Lou Paola – Real Estate Update	Ros/Malcolm
1 Dec	Coles P'wood	9.15am	MWCIS Coles Food Pickup	David
3 Dec	Oakleigh	6-1pm	Oakleigh Market	Pete / Glen
6 Dec	LOC	6-8pm	Christmas Dinner & Celebrations	Geoff L-S
8 Dec	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Terry
10 Dec	Mt Waverley	7-2pm	Mt Waverley Market - <b>Christmas Raffle Drawn</b>	Charlie/Beth/Roger/Terry
17 Dec	Oakleigh	6-1pm	Oakleigh Market	
12 Jan	Coles P'wood	9.15am	MWCIS Coles Food Pickup	TBA
17 Jan	LOC	6-8pm	Social Night	NA