

Mt. WAVERLEY CLUB BULLETIN

Volume 29, Number 37, 2 April 2014

IMMEDIATE PROGRAM

VENUE	SPEAKER / TOPIC	CHAIRPERSON
This Meeting: Wednesday 2 April 6pm for 6.30pm start		
LOC	Elise Bialylew – Mindful In May	Jeff
Next Meeting: Wednesday 9 April 6pm for 6.30pm start		
LOC	CPR Workshop – Tom Clark	Robyn

IMPORTANT ADDRESSES & CLUB INFORMATION

Club Postal Address: P.O. BOX 295 GLEN WAVERLEY 3150

Web Address: <http://mountwaverleyrotary.org/>

FACEBOOK ADDRESS: <http://www.facebook.com/mountwaverleyrotary>

Bulletin Copy Deadline: 5.00 PM. Sunday to Glen Watkins.

Other Important Addresses:

1. Oakleigh Market shifts are 6am-10.30am and 9.30am till 1pm. The address is Cnr Atherton Rd and Hanover Sts Oakleigh.
2. Mount Waverley Market shifts are 7-11.00 shift 1 (x 2 pax) then 11-2pm shift 2 (x 1 pax). The Address is Hamilton Place Shopping Centre, Stephenson's Road Mount Waverley.
3. Leighoak Club (LOC) is located at 1555 Dandenong Road Oakleigh.

ATTENTION ALL MEMBERS

PLEASE CONFIRM YOUR MEETING ATTENDANCE EACH WEEK TO KEITH KENDRICK ON 0437940617. ADVICES OF LEAVE DATES WOULD ALSO BE APPRECIATED.

OUR FOOD DONATION BIN FOR MONASH WAVERLEY COMMUNITY INFORMATION & SUPPORT (MWCIS) WILL COMMENCE AGAIN 22 JAN 2014. PLEASE BRING A SMALL DONATION OF NON PERISHABLE FOOD FOR THE DONATION BIN WHICH WILL BE LOCATED AT THE ENTRANCE TO THE MEETING.

CALENDAR OF UPCOMING CLUB/ROTARY EVENTS IS ON THE LAST PAGE OF THIS BULLETIN. ROTARIANS PLEASE CHECK FOR YOUR MARKET/ROTARY PROJECT COMMITMENTS ON THIS PAGE AND MARK YOUR DIARIES ACCORDINGLY.



PRESIDENTS REPORT 2 APRIL 2014

We certainly have variety in our programme, and last Wednesday was no exception. Very few of us had heard of the Mongolian Blue spot, and Mara surprised us with some interesting information on this skin marking that sometimes appears at birth. Just as well it tends to disappear in the first ten years or so. Just as interesting was Mara's talk on her work, a sort of "member behind the badge" talk. Mara is very experienced in most facets of nursing particular with babies and early childhood support, and hearing about the variety of work she has been involved in was fascinating.

We also welcomed our Citizenship Awardees from Highvale College – Darren Lai and Matthew Joyce. Both spoke glowingly of Highvale College and how they miss the community spirit of the school. They are working their way through university, to eventually graduate in Accounting (Darren) and in Music (Matthew).

Next week, we have Elise Bialylew talking to us on the subject "Mindful in May". I suspect that almost all of us have no idea what this talk will be about, which makes it all the more worthwhile, and I am looking forward to it.

A couple of Rotary Club matters. I have contacted three local primary schools about a year 6 essay competition with an ANZAC Centenary theme. The lack of any response last week was disappointing. If any of you have contacts with year 6 coordinators in our area please let me know. Ros has given me one lead to follow up.

I have recommended to the Board that we discontinue sponsoring the Holmesglen TAFE award. I would rather focus instead on younger I.E Primary year 6 level students, where I believe that our assistance can make a difference. I don't believe that our Holmesglen TAFE programme makes a difference, as the students seem to be adequately sponsored by their employers. Your views on this of course of action are encouraged. I should contact Holmesglen without delay, so if you have a view on this please let me know as soon as you can.

I heard from Adrian and Ros that the District Conference in Bendigo was an outstanding success, with attendances well in excess of expectations. Ros has agreed to give us a report on the Conference.

Ron went back into hospital for more work on his foot. Let's hope that this trip fixes the problem, and that he is able to kick straighter than Lance Franklin when it has healed.

Roger will be away on the Sunday of the next Mount Waverley market, so Adrian and I will be seeking help from somebody not already rostered, to help with the sausage sizzle.

We worked through quite a full agenda at our Board meeting last Wednesday night. Remember that Minutes of the Board meetings are available to members via our website. If you have difficulty accessing the minutes, contact Glen, who will be happy to help. If you seek clarification regarding any item please contact me.

See you Wednesday
Terry

CONGRATULATIONS & CELEBRATIONS

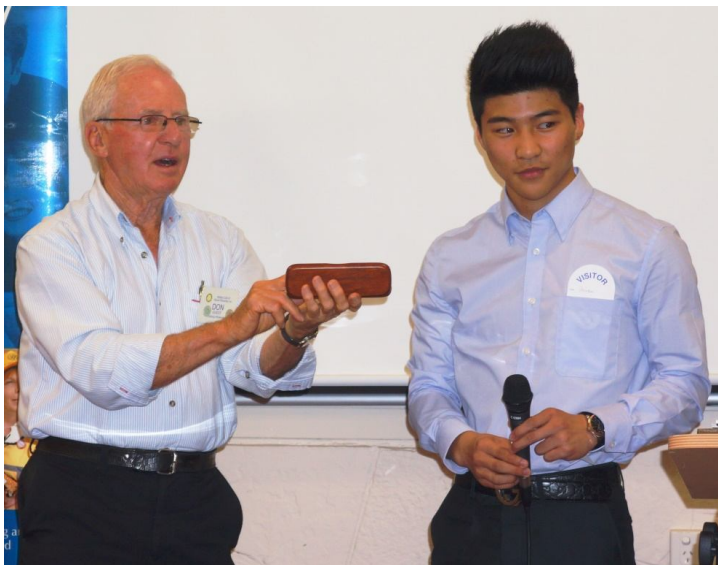
2 April – 8 April:

Happy Birthday Margaret T on 4th April. Happy Anniversary on joining Rotary, Malcolm C, Terry O and Ron, all as Charter Members in 1985.

PHOTO'S FROM LAST WEEK



Terry and Mara

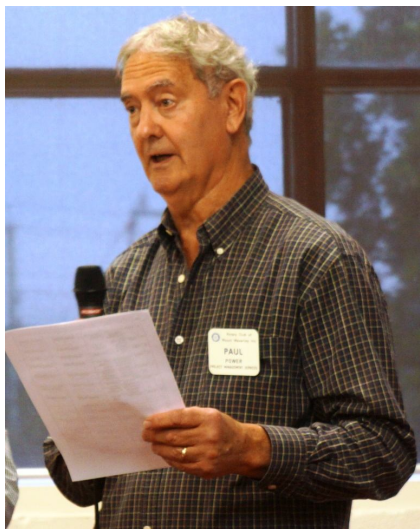


Don and Darren Lai (Citizenship Awardee from Highvale College)



Don and Matthew Joyce (Citizenship Awardee from Highvale College)





Paul



Andrew and John



Robyn and Jeff



Keith, Ros and Lou



Mara, Lyn, Glen, Roger



Don, Darren and Raelene

MEMBERS ANNOUNCEMENTS



REPORT ON DISTRICT CONFERENCE HELD AT BENDIGO

Paul and Hazel Power, Adrian Clifford, Malcolm and Ros Clowes represented Rotary Club of Mount Waverley at this year's Conference held from 21st - 23rd March 2014 and **Geoff Taylor** was welcomed as a support driver for the annual Australian Rotary Health Ride to Conference. Group pictured here with Tony Valenti, one of the speakers. Although initially anticipating attendance around 400 due to the imminent International Convention in Sydney, final numbers exceeded 550. The Conference Committee were delighted. As the Committee

'Speaker Seeker' it was my pleasure and responsibility to ensure a good balance of Rotary and other range of topics and entertainment were covered and that all speakers were 'hosted' and at the right place at the right time, etc. From all accounts, this worked well.

The theme was "**The Challenge of Change**". **Robin Daubeny**, a former cycling champion and psychologist to the St Kilda Football team when their fortunes turned around in the late 90's, focussed entirely on a positive approach to life. "High achievers all have a positive mental attitude."

Acclaim Awardees, sponsored to Italy by RC of Cheltenham - **David Kraum pianist, Alesandra Flood, Rebecca Guilenetto and Matthew Thomas** - performed from Marriage of Figaro plus, plus and were amazing. Watch out for them in the future.

David Whiting, ABC legal guest presenter - spoke on preparing to make mistakes - (it is OK to be a risk taker - as per Colin Powell, else you will be beaten for a new project) - and was most interesting.

Professor Ian Harper - "Australia's changing economic fortunes: the outlook for the Australian and global economies in 2014" - was very positive about our future if Government implements the right strategies. Forget the doom and gloom at the end of the mining boom and focus on "Global Opportunities + the Australian Advantage", especially with the forecast huge growth of the Chinese and Indian economies.

Gemma Sisia - "Fighting Poverty through Education" - explained how she had a vision for a private education for poor children in Tasmania - started with 3 children in Jan 2002 and now has 1800 students from Prep to Yr 12, about to graduate, and 400 teachers. The School of St Jude has to raise \$6 million per annum to survive, much thanks to Rotary. Gemma was most inspiring and thrilled to announce that their Yr 10 students achieved top 1% in the Country.

Oscar Yilditz - Mayor of Moreland Council and CEO of "Anti Bullying - Australia" spoke of the effects of bullying - 70% of which is now cyber bullying, and how it is affecting very young children and that parents need to be aware and seek advice and help. (Phone 1800 0 Bully - www.bzaf.org.au)

Jenny Adamthwaite - a local nurse from Swan Hill, devotes her annual leave at her own expense and joins 'Mercy Ships' (started in 1978) which sails around the West Coast of Africa offering medical services and trains local health workers. Another inspiring story.

Mark "Squiz" Squirrell - spoke of 'Fighting Hunger on Everest' - he started with the SAS and then joined Australian Special Forces, then the World Food Programme - went to the Gaza Strip, Somalia, Nepal plus, plus to assist. He has an amazing story to tell.

Tony Valenti - appeared as an International Sports Psychologist and had the audience rolling in laughter. Too hard to explain but hilarious. Tony also entertained us before the pseudo Abba band for the **gala dinner** - one Golden Night and a wonderful evening.

Rose Chesworth - Australian Rotary Health recipient - explained in as simple terms as possible of "New Treatment Approaches to Methamphetamine Addiction" - again most interesting.

Mr Ian Carlisle - an Interplast Surgeon - 'Rotary and Interplast - 30 years - what has changed?'. An amazing and life-changing job these medics achieve - with specific examples from his wife **Vivien Gardiner and nurse Jill Dickinson**. **Ian** very deservedly became the latest **Paul Harris Fellow**.

Louisa Dow - a Rotary Peace Scholar - spoke of her time in Haiti after the devastating earthquake and in Banda Aceh. Although some costly mistakes are made, it is always worth the effort and much appreciated.

Jacqi Deighan - "The Foodie Challenge - x 5 Steps to Changing the way You think About Food" - all about healthier eating whilst still enjoying your food.

Interspersed with the excellent speakers and entertainment, we heard from **DG Merv, RIPPR Moises Dalisay, DGE Tony Monley and DGN David Tolstrup** plus many Rotary segments, including a healthy cheque to **DG's wife, Kay** for Polio Plus and a wonderful finale from the **Essendon High School Stage band**.

It was a good Conference and good fun. Pity more from our Club could not attend. Perhaps next time.

Ros Clowes

MARKETS CO-ORDINATOR (call for Volunteers)

There are a few holes I'm looking to plug over the next few months.

13 April	1 for early shift Mt Wav
27 April	Both Gordon & Mara at Oak
18 May	Pete at late shift Oak
1 June	Geoff away, late Oak
29 June	Bill away early shift and Mara late shift at Oak

Please call me, and thanks for your involvement
Andrew Sendeckyj

CALENDAR/PROGRAM

for addresses - please refer page 1 of this bulletin

LEGEND: ■ Club Market ■ Club Meeting ■ Rotary/Club Project

Date	Venue	Time	Event (or Topic)	Chairperson
4 April	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Phil
6 April	Oakleigh	6am-1pm	Oakleigh Market	Lou/Kath
9 April	LOC	6pm-8pm	CPR Workshop – Tom Clark	Robyn
11 April	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Terry
13 April	Mount Waverley	7am-2pm	Mount Waverley Market	Malcolm F/Beth/ ? / Malcolm C
16 April	Pat & Marilyns	6pm-8pm	Normal Meeting but MEMBERS ONLY	
18 April	Pinewood Coles	9.30am-10am	NO PICKUP ON GOOD FRIDAY	
18 April	Glen Waverley Public Golf Course	7am-3pm	Good Friday Golf Day	All available Members
20 April	Oakleigh	6am-1pm	Oakleigh Market	Theo/John L
23 April	LOC	6pm-8pm	Anzac Day Commemoration - Sean	Geoff
25 April	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Adrian
27 April	Oakleigh	6am-1pm	Oakleigh Market	? / ?
30 April	LOC	6pm-8pm	Philip McKenzie – RBTB	Rhonda
2 May	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Janine
3&4 May MUNA Competition at State Parliament				
4 May	Oakleigh	6am-1pm	Oakleigh Market	Paul/Jeff
7 May	LOC	6pm-8pm	I survived a heart attack in China - Paul Power	Pat
9 May	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Ros
11 May	Mount Waverley	7am-2pm	Mount Waverley Market	Malcolm F/Beth/ Robyn/Ron
14 May	Clowes Home	6pm-8pm	Malcolm's 70 th Birthday	Ros
16 May	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Phil
18 May	Oakleigh	6am-1pm	Oakleigh Market	Don / ?
21 May	LOC Bistro	6pm-8pm	Social Nite	NA
23 May	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Don
25 May	Oakleigh	6am-1pm	Oakleigh Market	Glen/Lyn
28 May	LOC	6pm-8pm	Club 29 th Birthday	Terry O/Michelle
30 May	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Paul
1 June	Oakleigh	6am-1pm	Oakleigh Market	Kath / ?
1-4 June International Conference in Sydney				
4 June	LOC	6pm-8pm	Jenny Ravlic – Food Additives	Malcolm F
6 June	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Terry
8 June	Mount Waverley	7am-2pm	Mount Waverley Market	Malcolm F/Beth Michael/Phil
11 June	LOC	6pm-8pm	Elaine Upton – Enhanced Maternal & Child Health Service	Terry R
13 June	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Janine
15 June	Oakleigh	6am-1pm	Oakleigh Market	Fiona/Michelle
18 June	LOC Bistro	6pm-8pm	Social Nite	NA
20 June	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Ros
22 June	Oakleigh	6am-1pm	Oakleigh Market	Lou/Andrew
25 June	LOC	6pm-8pm	Changeover	Terry R/Rhonda
27 June	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Adrian
29 June	Oakleigh	6am-1pm	Oakleigh Market	Pat / Mara ?