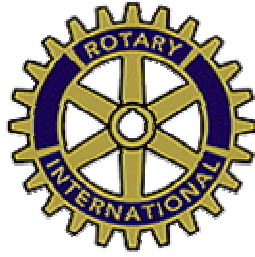


THE ROTARY CLUB OF  
MOUNT WAVERLEY Inc.

WEEKLY BULLETIN



DISTRICT 9810  
VICTORIA - AUSTRALIA



ROTARY:  
MAKING A  
DIFFERENCE



# Mt. WAVERLEY CLUB BULLETIN

Volume 33, Number 30, 14 February 2018

## WHAT'S ON THIS WEEK?

VENUE	SPEAKER / TOPIC	CHAIRPERSON / GREETER
This meeting: Wednesday 14 February 6pm for 6.30pm start		
LOC	Waverley Historical Society – President Marjo Angelico on the General History of City of Monash	Glen/Adrian

## IMPORTANT ADDRESSES & CLUB INFORMATION

Club Postal Address: P.O. BOX 295 GLEN WAVERLEY 3150

Web Address: <http://mountwaverleyrotary.org/>

FACEBOOK ADDRESS: <http://www.facebook.com/mountwaverleyrotary>

Bulletin Copy Deadline: **5.00 PM. Sunday to Glen Watkins please.**

Other Important Addresses:

1. Oakleigh Market shifts are **6am-10.30am and 9.30am till 1pm**. The address is Corner Atherton Rd and Hanover Sts Oakleigh.
2. Mount Waverley Market shifts are **7am-2pm** (permanently Charlie/Beth) with closing **shift 1-2pm** (x 2 person assisted by Charlie). The address is Hamilton Place Shopping Centre, 283 Stephenson's Road Mt Waverley.
3. Leighoak Club (LOC) is located at 1555 Dandenong Road Oakleigh. We meet upstairs unless otherwise indicated.

## ATTENTION ALL MEMBERS

Please confirm your meeting attendance to Fiona Cleary 0410605233 and Bulletin Editor would also appreciate advices of leave dates.

**Our food donation bin for Monash Waverley Community Information and Support (MWCIS) is an important local community project for the club. Please bring to Rotary meetings a small donation of non perishable food for the donation bin, which is located in the front corner of the meeting room.**

Calendar of upcoming Club/Rotary events is in the bulletin – last page. All Rotarians please check your Market/Rotary Project commitments on this page and mark your diaries accordingly. If you cannot meeting designated commitment for the projects or for meeting chair/greeter please contact Andrew (for markets) and Terry or Glen (for chair/greeter).

## CONGRATULATIONS & CELEBRATIONS

FOR WEEK 7/2-13/2:

Congratulations to Michael, Mara and Pete celebrating 5 years in Rotary on 13/2.



### Presidents Report for 14 February 2018.

Last week at LOC we had a great turnout of 22 members who came to listen to four wonderful presentations from our guests speakers Bianca (Manager), Cecilia (Relationship Co-Coordinator), Abu (Student) and Melica (Team Leader) from Education First Youth Foyer Holmesglen. Bianca gave us an insight into the Foyer's background and operations providing accommodation and support services to 40 young students, between the ages of 16-24, for 2 years while they are studying and who unfortunately cannot live at home. The work the Foyer does in our Community is reflected in the passion and enthusiasm exhibited by each speaker who shares the belief that

young people really can be whatever they want to be, and the Foyer provides the framework to help them achieve their life goals. Our Club looks forward to working with the Education First Youth Foyer on joint projects whether they are mentoring, public speaking or just helping out with our Bunning's BBQ/s.

The **Trachoma Live** event is being held **19-25 February** as a part of the '**End Trachoma by 2020**' project. For those members who are not on face book the event will be recorded and made available on the website <https://www.endtrachoma2020.org.au/> and I am advised that District is hopefully creating a video to be shown at Clubs for members to further view the event.

Our Club visit to the DIK warehouse is **Wednesday night 21<sup>st</sup> February** and as a reminder for those members who intend going to please pay the \$25.00 in advance of the night to Fiona on the 14<sup>th</sup> February. As Geoff Taylor has previously mentioned car pooling will be the simplest way for members to get to Footscray. This visit is a great opportunity for our Club to see the great work DIK does for Rotary and I would ask that all Club members give the time to join in the visit.

The order form for the **Wine Fundraiser** is now available so please select your finest drops from the order form and return the completed form to either Beth or Loretta.

Another reminder to all members regarding your **used stamps and foreign coins**, please keep the coins for Adrian's coin jar at our meetings and give the stamps to either Adrian or myself. I will take the stamps to the District Presidents meeting on the 16<sup>th</sup> February.

We had our **Hamilton Place Market** today; the weather was a little disappointing after a sunny start, but it was still a good day and Beth had a two new stall holders joining in the market. Stall holder takings were \$670.00, and the BBQ's \$560.00 before expenses, and that is a great result. As usual we had our happy band of members manning the BBQ's and promoting our Monash Children's Hospital fundraiser 'Walk for William' day. I would also like to thank Beth for her untiring efforts with our market and for producing our fantastic pop up banner that promotes the walk and to thank all our members who made such a big effort to make the market a fundraising success. Next week we have our Bunning BBQ on Saturday 24<sup>th</sup> February and Beth will send the roster to those members who volunteered their time.

I attended the Monash B Cluster meeting last Friday along with Presidents from the RC's of Waverley, Monash Glen Waverley and the Monash Rotaract Club. I passed on information to these Clubs to join our fundraiser with the MCH 'Walk for William' and seeking additional support from RC's Monash, Wheelers Hill and Waverley. At this meeting I will also be pushing for a continuation of our plans for the joint Volunteering Forum along with the Rotary Clubs of Monash and Waverley, a forum that is of much importance for our Club's future and securing our healthy membership base. Next Friday I have a District Presidents meeting at the Mulgrave Country Club

Our Club social outing at the **Woolamai Country Races** is still planned for **Saturday 17<sup>th</sup> March** however as numbers are so small the practicality of running this outing is in question. A decision will be made at the next Club meeting.

A reminder to all Board members that the meeting has been brought forward to next Monday 12<sup>th</sup> February for 6:00pm and will be at the Logie-Smith residence.

Next week Jude and I are having a short break away and Philip McKenzie has kindly offered to stand in for me as President. Our Guest speaker will be Marjo Angelico from the Waverley Historical Society.

See you all on the 28<sup>th</sup> February at LOC.

Geoff



# PHOTOS (compliments Adrian)





## **IMPORTANT NOTICES**

### **1. CLUB SOCIAL FUNCTION**

Saturday 17<sup>th</sup> March – St Patrick's Day  
Woolamai Racing Club Day Out  
 Trew Road, Woolamai, 3995  
 (104 kms from Mt Waverley – 1.25 hours)  
 Open from 11am – Free parking  
 1<sup>st</sup> Race 1pm Last Race 5pm  
 Entry: \$10 per head (Under 16yo- Free)  
 BYO Everything – Food and Alcohol  
 First there gets tables under the shady trees  
 Else bring tables, chairs & umbrellas

**Any members who may be interested to contact Geoff L-S re car-pooling, etc**

### **2. Donations of Stamps/coins from Avila College**

Thank you note to Christine Valladares (Avila College) for donation of stamps and coins/notes.  
 Adrian

10/2/18

Dear Christine,

Just a brief note to thank you, staff + students for contributing to the stamp + coin collection to raise funds for Rotary projects to help children around the world and especially the Pacific region. Money raised from stamps goes towards operations on children with life threatening deformities + disabilities and coins are used by UNICEF to assist children in under developed countries.

On behalf of Rotary International + the Rotary Club of Mt. Waverley my sincere thanks  
 Adrian Clifford (Foundation Chair)

From: [Chris Valladares](#)  
 Sent: 11 February, 2018 11:41 AM  
 To: [Adrian Clifford](#) ; [sean3149@optusnet.com.au](mailto:sean3149@optusnet.com.au)  
 Subject: Avila stamps

Dear Adrian and Sean, thank you for the letter ... totally unnecessary. I am happy to help with the little that was donated. I shall continue to remind staff that they can give their stamps etc to this cause and pass them onto you if donations come in. Congratulations on your special work.

Best wishes  
 Christine

### 3.ROMAC

Latest details re ROMAC patients

From: [graeheath1@bigpond.com](mailto:graeheath1@bigpond.com)

Sent: 05 February, 2018 12:49 PM

Subject: R-1084 Joana and R-1125 Lucilia

Dear D9810 ROMAC Team,

We had an interesting couple of days at the end of last week with the potential arrival of both our new patients on Saturday, as problems that we were having with visas were sorted and flights were being booked. However, this was not to be as hospital appointments could not be rearranged to suit the new arrival times. Consequently, both our patients are still in TL. Once hospital appointments are rearranged for Joana she will be on her way, but in Lucilias case, she will now have another round of chemotherapy in Dili and then is expected to come to Melb around mid Feb.

We wait to hear of Joana's new arrival details, which could be this week sometime.

I will keep you informed once I know more.

Regards  
YIR  
Graeme

### 4. Australian Rotary Health (ARH) Newsletter

From: [Australian Rotary Health](http://AustralianRotaryHealth.com)

Sent: 06 February 2018 15:31

To: [ffoegls@hotmail.com](mailto:ffoegls@hotmail.com)

Subject: Your Latest News from Australian Rotary Health



Australian Rotary Health Latest News

The Muster for Mental Health Kicks off in Tassy!



After more than a year of planning, the Muster for Mental Health finally got underway in Tasmania on Sunday February 4!

Muster travellers received a warm welcome by the Rotary Club of Deloraine, and yesterday we held our first mental health community forum of the trip, which attracted 60 people.

We look forward to hearing more about #MusterDrive8 over the next few weeks and we will keep you up to date!



[Support the Muster Cause](#)

General Health Research Scholarship Funding for 2018

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ARH and Rotary Clubs and Districts across Australia will dedicate \$521,068 towards 32 Funding Partner PhD Scholarships, 2 Research Companion PhD Scholarships and 2 PTSD PhD Scholarships in 2018. These scholarships, along with the research mentioned in our [recent mental health research funding announcement](#), make up a total of \$2,177,444 allocated to health research this year.

[Take a Look at Our New Projects](#)

#### ARH Teen Drinking Study Published in High Profile Journal



An Australian Rotary Health funded study reveals parental provision of alcohol does not appear to help teenagers deal with alcohol responsibly. The study was recently published in the Lancet Public Health Journal.

[Read More](#)

[Back to School Blues: How to Help Your Child with Shyness](#)





ARH Research Committee member Professor Ron Rapee has written an article on how parents can help their child with shyness or social anxiety.

[Read More](#)

Thanks for Your Support



Thank you to PDG Ken and Margaret Broadbent, who were recently presented a Companion award for their efforts in raising at least \$5,000 for ARH!

Indigenous Health Scholarships Available Now

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## 2018 Indigenous Health Scholarship Applications Open Now!



Applications for 2018 Indigenous Scholarships are now open. Applications close Friday Feb 23.

[Apply Today](#)

### PhD Scholarship Opportunities



## General Health PhD Scholarships Available Now!



Got an interest in a particular area of health? Check to see if our current PhD Scholarship opportunities suit you. Applications close Friday February 23.

[Apply Today](#)

## Inroads Program Searching for Participants



Are you aged 17–24? Want help to manage your drinking and anxiety? Join the ARH funded inroads program trial and get FREE access to an online skills development program and phone/email sessions with a trained psychologist.

[Sign Up Here](#)

## Support ARH in Upcoming Events!

There are plenty of ways you can support ARH research this year. Just check out the events below!

### Indian Cultural Night



Join the Rotary Club of Strathfield at Indian Cultural Night on Saturday February 10 – a fun-filled evening with traditional Bollywood dancers, culinary delights of India, and many surprises. Money raised on the night will go to Australian Rotary Health.

[Find out More](#)

### Cronulla Rotary Charity Golf Day

## 26<sup>th</sup> Annual Charity Golf Classic Monday 19<sup>th</sup> February 2018



Cronulla Rotary Club are hosting their annual Charity Golf Classic at Cronulla Golf Club on Monday February 19. Show your support for Motor Neurone Disease research.

[Find Out More](#)

Rotary Satellite e-Club of Ryde e-Quiz



The Rotary Satellite e-Club of Ryde is holding its online e-Quiz on the weekend of 23-25 February. All proceeds go to Australian Rotary Health and participants are encouraged to register now!

[Details Here](#)

2018 Wellness Expo

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WEST MOONAH COMMUNITY HOUSE  
& AUSTRALIAN ROTARY HEALTH

## WELLNESS EXPO



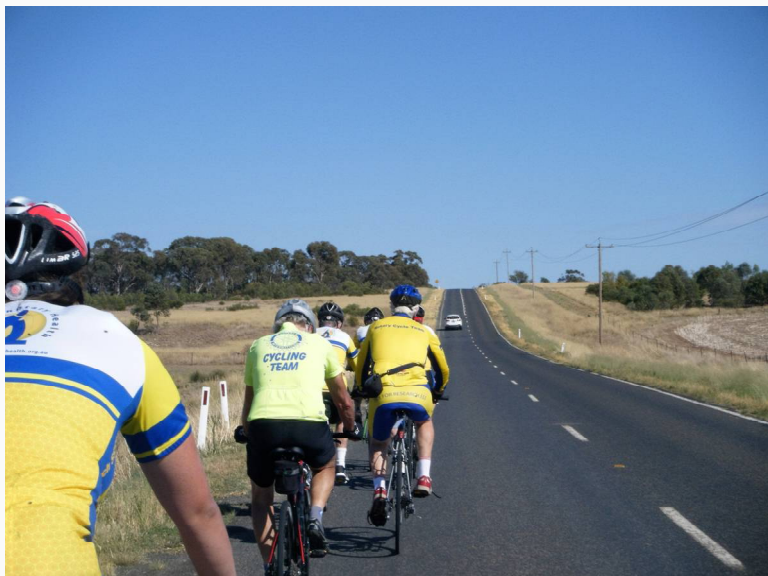
WEST  
MOONAH  
COMMUNITY  
HOUSE



The 2018 Wellness Expo is a collaboration between the West Moonah Community House and Australian Rotary Health. This year it will be held at Princes Wharf (Hobart, Tasmania) on Saturday March 3.

[Find Out More](#)

### 2018 Ride for Medical Research “Jail to Trail Tour”



Join Rotary District 9810 on the 2018 Ride for Medical Research “Jail to Trail Tour” from March 4-9, 2018. The District will cover approximately 600km over 6 days, as they plan to raise their next million dollars for Australian Rotary Health research.

[Get Involved](#)

## Rotary District 9790 "Riverina Ramble" Ride to Conference 2018



Rotarians who cycle are invited to participate in Rotary District 9790's 10th Ride to Conference. The 617km ride is a six day event, commencing at Mulwala on Saturday March 17 and finishing at Mulwala Golf Club on Thursday March 22.

[Get Involved](#)

## 2018 Wellness Gala Dinner



The West Moonah Community House and ARH are hosting the 2018 Wellness Gala Dinner on Saturday 24th March at the Royal Yacht Club of Tasmania, Sandy Bay.

[Get Your Tickets](#)

## Rotary Rides Canberra Five Peaks Challenge



Online registrations are now open for the Rotary Rides Canberra Five Peaks Challenge coming up this April! This is a great way to see Canberra from your saddle and support ARH.

[Don't Miss Out!](#)

### Banish the Black Dog Ride 2018



This year the Banish the Black Dog Ride will be held on Saturday May 26 – Sunday May 27. Registration fees are \$200. Get involved to support important research through ARH.

[More Here](#)

ARH Golf for Research

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Support ARH's Golf Day on Thursday October 11 at Camden Lakeside Golf Club. Funds raised will go to mental health research.

[Find Out More](#)



# humanitix

Got an event coming up? Rotarians can receive a special offer if they use [Humanitix](#) for online event bookings. The fees you pay will also be donated to ARH, if you nominate us as your chosen charity!

[Find Out More](#)

Let us know if you have an ARH fundraising event coming up by sending an email to: [news@arh.org.au](mailto:news@arh.org.au)

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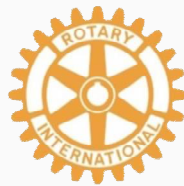
#LiftTheLid on Mental Illness

[Support Mental Health Research](#)



[Follow us on Instagram](#)

**Rotary**  
Districts of Australia



[Visit Our Website](#)

Our mailing address is:  
Australian Rotary Health  
P0 Box 3455  
Parramatta, NSW 2124  
Australia

## CALENDAR/PROGRAMME

If you are aware that the nominated chairperson will not be available please let the bulletin editor know asap. For venue addresses - please refer page 1 of this bulletin.

**LEGEND:**  Club Market(s)  Club Meeting  Rotary/Club Project

Date	Venue	Time	Event (or Topic)	Chairperson & Greeter
16 Feb	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Geoff L-S
18 Feb	Oakleigh	6-1pm	Oakleigh Market	Robert/Lou
21 Feb	DIK	6-8pm	DIK visit with Geoff Taylor - Gate 1, Woolshed #39 (1st one), 400 Somerville Road West Footscray Ph: 0428 550 574(\$25 ph meal-BYO drinks)	
23 Feb	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Malcolm
24 Feb	Bunnings Notting Hill	8am-4pm	Bunnings BBQ Fundraiser	Beth Merkus
25 Feb	Oakleigh	6-1pm	Oakleigh Market	Rhonda/?
28 Feb	LOC	6-8pm	Club Forum / Presentation	Geoff L-S/?
2 Mar	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Ros
4 Mar	Jells Park	tba	Walk for William	NA
4 Mar	Oakleigh	6-1pm	Oakleigh Market	Michael/David
7 Mar	LOC	6-8pm	Yang Xu-"Blue Zones"-World Class Health Tours	Rhonda/Phillip
9 Mar	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Adrian
11 Mar	Oakleigh	6-1pm	Oakleigh Market	Michael/David
14 Mar	LOC	6-8pm	Philip/Rhonda including International Forum	Mara/Fiona
18 Mar	Woolamai Racecourse	1-5pm	Club social function at Woolamai Racing Club	NA
21 Mar	ZEST TBC	6pm	Social night Holmesglen	NA
23 Mar	Coles P'wood	9.15am	MWCIS Coles Food Pickup	David
28 Mar	LOC	6-8pm	Lou Paola – Real Estate Update	Ros / Malcolm
30 Mar	Coles P'wood	9.15am	MWCIS Coles Food Pickup	NA
4 Apr	LOC	6-8pm	Miranda Daniels – Rotarian Behind the Badge	Malcolm
6 Apr	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Malcolm
11 Apr	LOC	6-8pm	Bill Haywood : D9810 ROMAC Committee	Adrian/Ros
13 Apr	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Terry
18 Apr	TBA	6-8pm	Social night details	TBA
20 Apr	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Paul
25 Apr	NA		ANZAC Day Public Holiday – No Rotary Meeting	
27 Apr	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Malcolm
2 May	LOC		Lacie Ryan Camp Quality	Ros/Miranda
4 May	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Ros
9 May	LOC		Terry Nunn - Ambo/Paramedic 35 years	Andrew/Sean
11 May	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Adrian
16 May	LOC		Social night TBC	NA
18 May	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Geoff L-S
23 May	TBC		Club 33rd Birthday. Ideas welcome	
25 May	Coles P'wood	9.15am	MWCIS Coles Food Pickup	David
30 May	TBA			
1 Jun	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Phiep
6 Jun	TBA			
8 Jun	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Terry
13 Jun	TBA			
15 Jun	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Geoff L-S
20 Jun	LOC		Social Night	
22 Jun	Coles P'wood	9.15am	MWCIS Coles Food Pickup	Paul
27 Jun	LOC		Changeover night Geoff L-S/Philip	
29 Jun	Coles P'wood	9.15am	MWCIS Coles Food Pickup	David